

# Microbiome Day

## Working Discussion Topics

# General Outline of the Discussion Topics

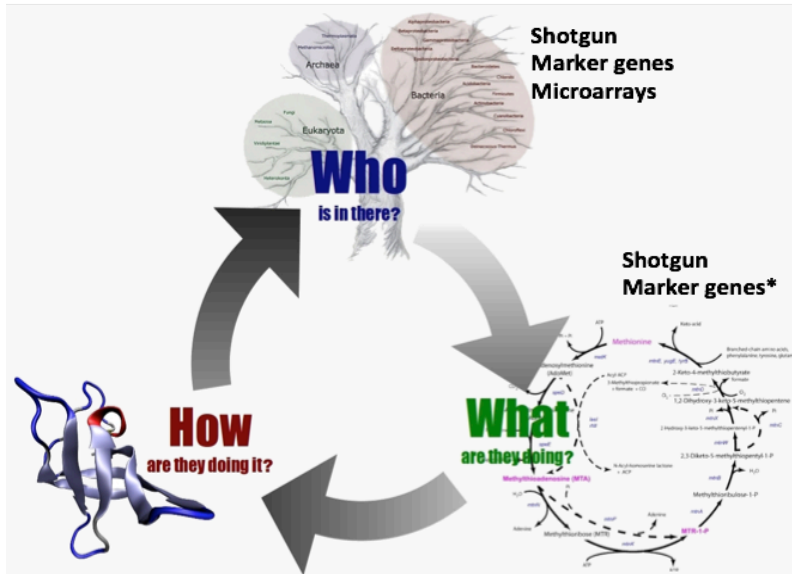
- Topics:
  - 1) **Study Design**
  - 2) **Sample Collection and Metadata**
  - 3) **Sample Processing and Sequencing**
  - 4) **Bioinformatic Analysis**
- We're considering writing a paper with general recommendations discussed within each topic
- We're looking for people (1 or 2) interested in writing and coordinating the recommendations of each topic

# Discussion 1 – Study Design

## - The age old question: Whole genome shotgun or 16S rRNA sequencing?

Factors you should consider:

- Number of samples
- Cost
- Presence of host DNA in your sample
- What's the question you're trying to answer? (Who's there? What are they doing?)
- How much time do I have to get results? (deadlines)



# Discussion 1 – Study Design

- **Removing human host DNA from samples:**

<https://www.qiagen.com/shop/sample-technologies/dna-sample-technologies/genomic-dna/qiaamp-dna-microbiome-kit/>  
<https://www.neb.com/products/e2612-nebnext-microbiome-dna-enrichment-kit>

- **Studying human or animal samples?**

Depending on your hypothesis, animal studies may be more suitable.

Mice microbiome ≠ Human microbiome.

How animals are bred and raised is the most important source of confounding factors.

The maternal effect determines the specific suite of microbes available to colonize a host.

Randomization of treatments across litters/cages becomes an important aspect of experimental design.

- **What is a good sample size for my study?**

No one knows, but the more, the better. The human microbiome has high inter-individual variability. Take into account different variables: smoking, drinking, diet, health status, etc.

Estimating the study size:

<https://github.com/biocore/Evident>

- **Using the HMP data as a control group – why not?**

If protocols are compatible and the effect size (i.e., differences between controls and subjects) of the study is large.

# Discussion 1 – Study Design

## - Time series samples or snapshot samples?

Obtain more samples with a single snapshot or less samples within a time series?

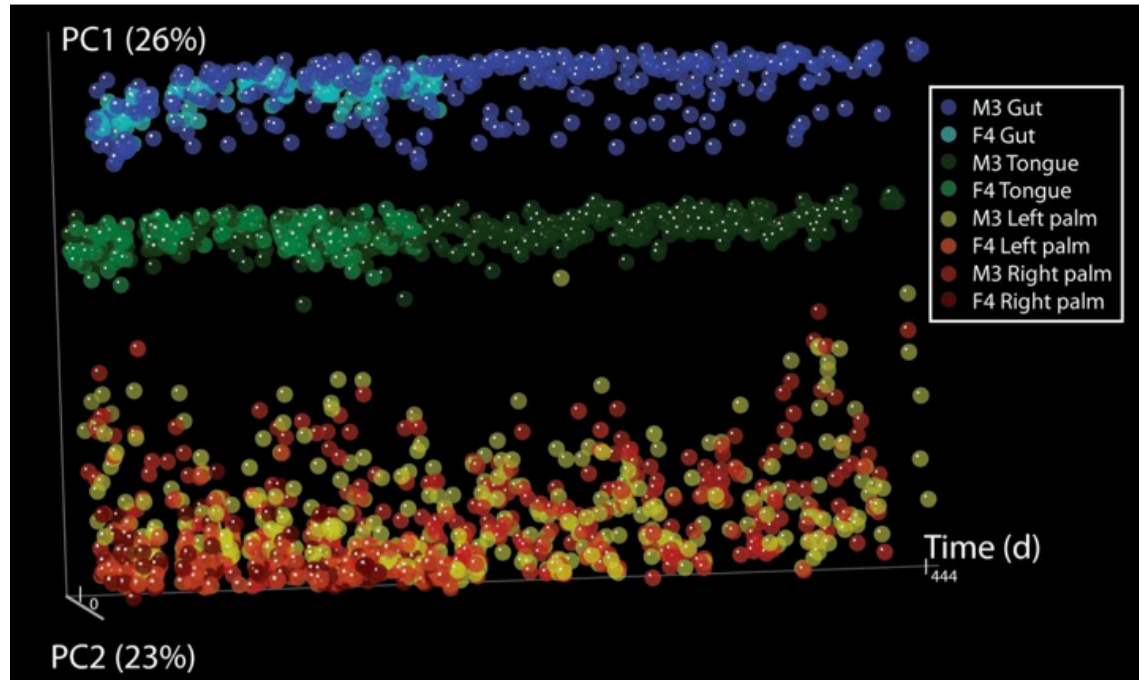


Genome Biol. 2011; 12(5): R50.  
Published online 2011 May 30. doi: 10.1186/gb-2011-12-5-r50

PMCID: PMC3271711

## Moving pictures of the human microbiome

J. Gregory Caporaso,<sup>1</sup> Christian L. Lauber,<sup>2</sup> Elizabeth K. Costello,<sup>3</sup> Donna Berg-Lyons,<sup>2</sup> Antonio Gonzalez,<sup>4</sup> Jesse Stombaugh,<sup>1</sup> Dan Knights,<sup>4</sup> Pawel Gajer,<sup>5</sup> Jacques Ravel,<sup>5</sup> Noah Fierer,<sup>2,6</sup> Jeffrey I. Gordon,<sup>7</sup> and Rob Knight<sup>1,8</sup>



# Discussion 2 – Sample Collection and Metadata

- **What type of sample should I work with? Tissue? Fluids? Feces? Using swabs? Vials?**

Factors you should consider:

- Your hypothesis
- Sequencing approach
- Host DNA content

- **What metadata should I collect?**

As much as possible or as many as are pertinent to your research question.

- **Influences the microbiota composition of the gut and other body sites:**

Antibiotics

Diet

Body mass index

Age

Pregnancy

Ethnicity

- **Metadata may be study specific, but we may want to have a central core, for all projects (making the data/samples useful as controls for other studies)**

# Discussion 3 – Sample Processing and Sequencing

- Using mock communities to validate 16S rRNA experimental procedures  
<http://www.beiresources.org/Catalog/otherProducts/HM-782D.aspx>
- **Contamination:** Critical for samples with low microbial DNA concentrations.
- **Choice of RNA vs DNA:**  
Microbial seed banks -> Active members of the community vs all members

## Microbial seed banks: the ecological and evolutionary implications of dormancy

*Jay T. Lennon<sup>\*†</sup> and Stuart E. Jones<sup>\*§</sup>*

Abstract | Dormancy is a bet-hedging strategy used by a wide range of taxa, including microorganisms. It refers to an organism's ability to enter a reversible state of low metabolic activity when faced with unfavourable environmental conditions. Dormant microorganisms generate a seed bank, which comprises individuals that are capable of being resuscitated following environmental change. In this Review, we highlight mechanisms that have evolved in microorganisms to allow them to successfully enter and exit a dormant state, and discuss the implications of microbial seed banks for evolutionary dynamics, population persistence, maintenance of biodiversity, and the stability of ecosystem processes.

# Discussion 3 – Sample Processing and Sequencing

- **What is the best DNA/RNA extraction method?**

Mechanical Lysis

Chemical Lysis (New enzyme kits: Lysozyme, Mutanolysin, achromopepdase, Lysostaphin, Liabase, chitinase, lyticase, and potentially proteinase K)

- **For 16s rRNA sequencing - Source of PCR amplification biases:**

Number of cycles

Low DNA template concentration

Choice of primers:

- compatibility with other studies

- primer specificity

- the choice of region is more important than the length of the amplicon





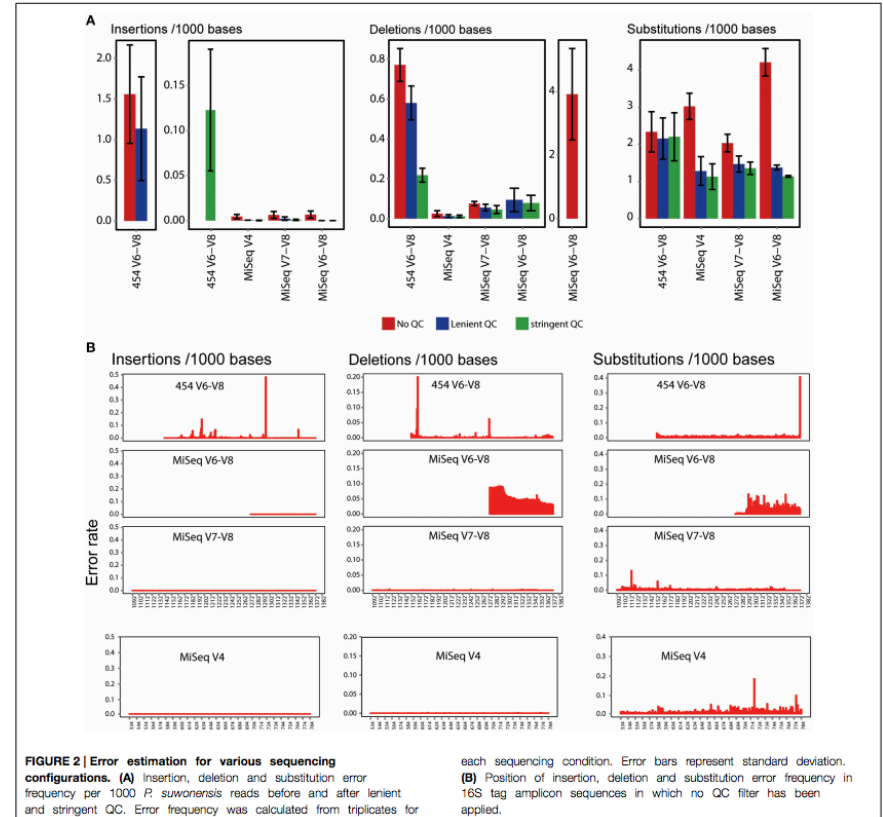
# Discussion 3 – Sample Processing and Sequencing

## - What sequencing platform to use?

1st (Sanger), 2nd (Roche/454), 3rd (Illumina/PGM) and 4th (PacBio) generation sequencing platforms.

Factors to consider:

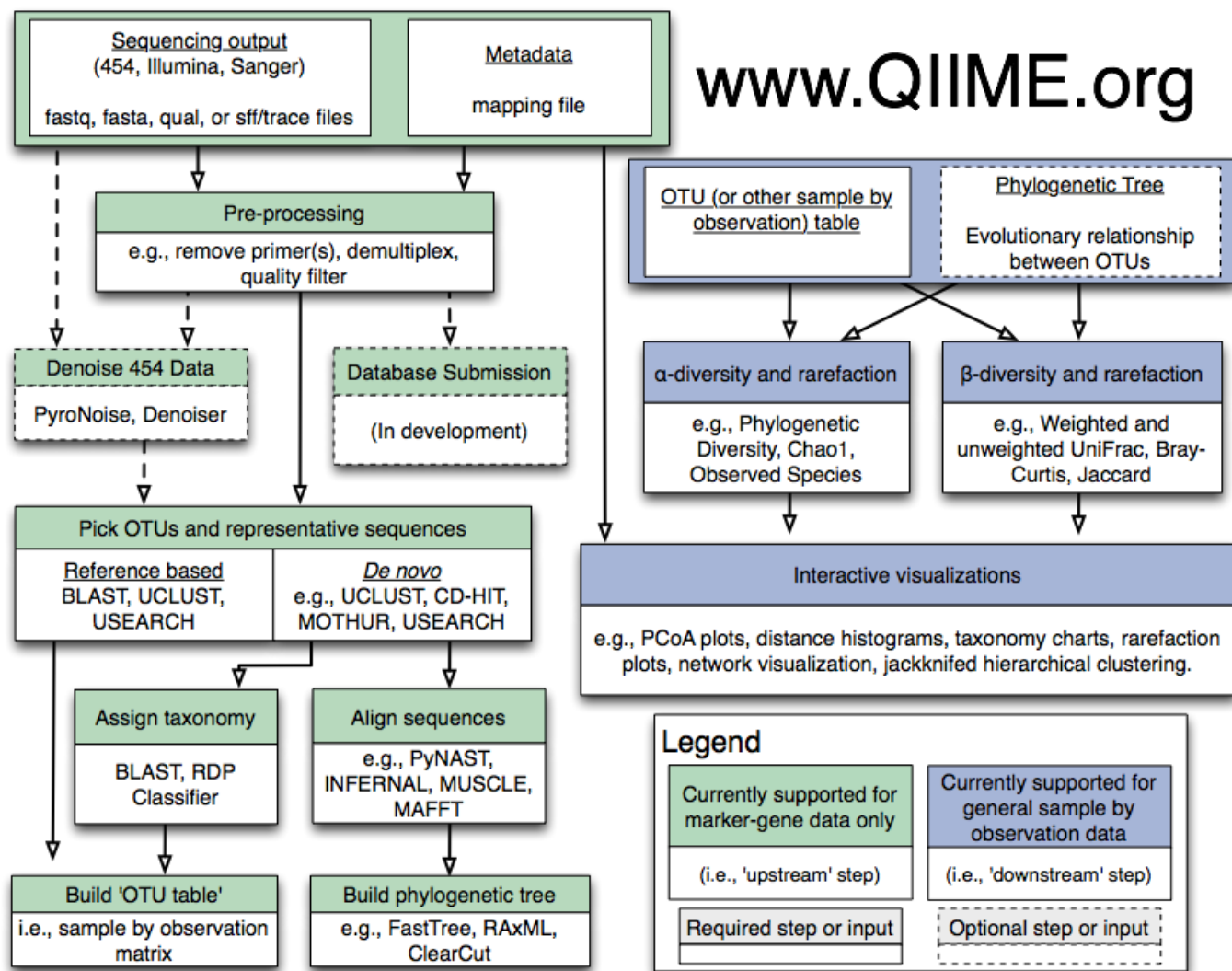
- Long reads vs short reads
- Sequencing depth -> How much is good enough?
- Methylation analysis using PacBio SMRT
- Cost
- Throughput
- Sequencing Errors (indels)



# Discussion 4 – Bioinformatic Analysis

- **Which software to use (16s rRNA):**
  - Qiime
  - Mothur
- **Using web based-software:**
  - MG-Rast
  - IMG/M
- **Which assembler to use (whole genome shotgun):**
  - IDB-Meta
  - Soap *de novo*
- **Which taxonomic classifier to use (whole genome shotgun):**
  - MyTaxa
  - Kraken
- **How to quality filter your sequences:**
  - Size
  - Phred quality

# www.QIIME.org



# Discussion 4 – Bioinformatic Analysis

- **Data reproducibility:**  
Creating standard operating procedures (SOPs)  
IPython notebooks for analysis and publications
- **Data sharing:**  
Creating a sequence database
- **How do I validate my results?**  
Technical validation  
Biological validation
- **Any other suggestions?**